

Adult Education

Talmud Study

Every Thursday - 7:00 p.m.

Interested in learning more about the Talmud? Please join the weekly Talmud study, lay led by Jerry Brem.

The 613 Habits of Highly Spiritual People

Sundays: 1/10, 2/28, 4/10 - 11:15 a.m.

Did you know Judaism has its own guided path toward spiritual development and self-understanding? It is called mussar. In this class we will look at modern and ancient texts as we seek to strengthen our ability to live our lives guided by our highest selves on the path towards greater spiritual health, healthier relationships and a deeper Jewish understanding of how we can live out our higher purpose.

A Living Covenant: Innovation in Jewish Life in our History

**Thursday: 10/1, 11/5, 12/3, 1/7
6:30 p.m.**

How have Jewish communities dealt with change? In this class, we will read sacred and scholarly texts on halachic change in economic, social, medical issues and more and will pay particular attention to recent teshuvot (Jewish legal decisions) from the Conservative Jewish movement concerning homosexuality. While we will seek to learn from the Jewish past we will of course very much have our eye on the present and how the Jewish tradition can guide us as a community.

Adult Koach Program

(Adult B'nai Mitzvah)

Starts Monday, 10/12 - 5:30 p.m.

Bar Mitzvah is not only for the 13 year old - you can be an adult and still do it! Join Dorice Horenstein and Rabbi Rose and enjoy the path to greater learning. Torah Tropes, prayers, their meaning and the challenge of reading from the Torah.

Chevr Kadisha Class: When I get Nothing Back - Jewish Teachings and Practices About Death and Burial

Sunday, 10/11 - 10:00 a.m.

One of the most sacred obligations we have as Jews, and one of the most beautiful practices, is to honor the dead in accordance with Jewish tradition. It is known as *chesed shel emet* (or true loving-kindness). We will examine the texts that guide Jewish practice and learn about contemporary practices in Portland. Open and free to all.

Ahava Sundays

Sundays: 10/25, 12/4, 4/3 - 6:30 p.m.

Beauty from the inside out. Join us for a three session course, delving into the issues of self-care, self-healing and beauty.

Ahava Reads

Tuesdays: 11/17, 2/16, 5/24 - 6:30 p.m.

Meet to chat, drink wine and nosh as we discuss a choice book of interest. The November book is "Beginnings" by Meir Shalev. The February book is "The Sisters Weiss" by Naomi Ragen. The May book is "People of the Book" by Geraldine Brooks.

Friday Night 101: Shabbat Just Do It!

Sundays: 10/25, 11/8, 11/22

10:00 a.m.

Don't have a clue how to start Shabbat? Has it been a while? Looking to re-energize Shabbat? Join us and learn from prayer to practice the what, how, when and why! All the mystery and mysticism of Shabbat will be revealed, one gem at a time. You'll leave comfortable and confident enough to take your Shabbat to the next level with all the traditions and practices that are part of home and synagogue observance.

New Chevruta Study - With Anyone You Choose!

We know you are busy and would like to learn when it is convenient for you! So we have come up with a program that fits your schedule. Choose from the following subjects and we will send the materials to you to study at home, at your own time and pace with the study partner of your choice.

It's that simple!

Topics include:

Leadership, Shema, Blessings, Israel and the Jewish Homeland, God, Love and Marriage.

Contact Dorice for more info:
education@shaarietorah.org,
503.226.6131 x242